



# NEWSLETTER

Atlanta's Premier Outdoor Social Club

December 2007

## President / Event Coordinator

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## Vice President

Administration

## Photo Historian / Event Coordinator

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### Event Coordinator

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### Event Coordinator

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### Event Coordinator

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## Volunteer Coordinator

### Event Coordinator

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### Event Coordinator

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## Member-At-Large

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## Webmaster

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## Event Coordinators

Ben Shienvold

Ben Taratoot

Bob Bunner

Dante Martinez

Dean Merat

Dick Jetson Brown

Don Norton

Eric Chaney

Gary Babiarz

Jennifer Howle

Nick Gwinn

Patrick Barry

Richard A. Zalik

Tony Theriault

Vanessa Carter

## Have questions about a particular event?

Feel free to ask the Event coordinator if you have questions or concerns.

You can also email us at [info@atlantaoutdoorclub.com](mailto:info@atlantaoutdoorclub.com)

Not a member yet?  
It's **FREE** to join!

## Happy Holidays from the Atlanta Outdoor Club!

Visit us on the web at  
[www.atlantaoutdoorclub.com](http://www.atlantaoutdoorclub.com)  
for more detailed information on each event.

## December Events:

### Tue, Dec 11 2007 - AOC Holiday Social

Join us at 5 Seasons Brewing for our Annual Holiday Social/Party. Come and celebrate another great outdoor season and take in the holiday season with good/new friends, good drink, good food and good celebration!

### Sat, Dec 15 2007- Logan Turnpike Trail to Wildcat Mountain

Come take in some mountain views and get in a good workout at the same time. We will go at a steady moderate pace up the Logan Turnpike Trail for about two miles and then less than a mile on the Appalachian Trail to the short Wildcat Mountain Trail where we will find a panoramic overlook of the mountains and the piedmont. Then we will come back down.

**Event Coordinator(s):** Gary Babiarz & John Weatherman

**Difficult Rating:** D4

### Sat, Dec 15 2007- Yonah Mountain Day hike

We'll begin by hiking at a moderate pace up the main Mount Yonah trail (approx. 1500 ft elevation gain in around 2.5 miles). As we near the top, we will veer off the main trail and hike along the side of the exposed rock face. We'll enjoy the panoramic views, take photos, etc.

**Event Coordinator(s):** Tony Ciccarello & Paula Schubert

**Difficult Rating:** D4

### Sat, Dec 15 2007- Cohutta Mountain Biking

Come join us! There will be a long (17 mile) & short trail (11 mile) option. The long option has out and back that bumps the total an additional six miles. Both the long trail and short have overlooks, however the short trail has the awesome overlook that supersedes Ft. Mountain's wonderful viewpoint!

**Event Coordinator(s):** Patrick Barry

**Difficult Rating:** D5

### Sat, Dec 15 2007- Third Annual Outdoor Ice Skating

Enjoy the Holiday lights while taking a spin around Atlanta's only outdoor ice-skating rink, or sip hot chocolate on the sidelines and laugh at everyone else falling down. We will get there at 5 pm and skate for about an hour and a half. If anyone is up for it, we will grab some dinner afterwards.

**Event Coordinator(s):** Jennifer Howle

**Difficult Rating:** D1

### Sat, Dec 22 2007- NC standing Indian ( First day of Winter)

Standing Indian Mountain is the highest point along the Appalachian Trail south of the Smokey Mountains. We will make a loop using 3 trails: Beech Creek trail-up hill, with the last 20 minutes straight up the side of standing Indian. Appalachian Trail-ridgeline to the top, down hill the rest of the way Deep Gap Trail- Gentle down hill to steep down hill then flat

**Event Coordinator(s):** Dean Merat

**Difficult Rating:** D5

## Need to buy something for your outdoor needs or holiday shopping?

Then be sure to shop by clicking on the **REI.com** or **Amazon.com** link located on the Partners and Sponsors page on our website. Shop through this link and help the AOC earn money to supplement expenses and events. Get the full details on page 2.



# Featured Event for January 2008

## January 19, 2008 Overnight Adventure: Len Foote Hike Inn

Event Coordinator: Michelle Spence

If you enjoy wilderness hiking but prefer a soft bed, hot showers, and great food instead of camping, the Hike Inn is for you. The Inn is accessible only by foot over a moderate 5 mile trail which originates at the top of the falls. Log onto our website for further details on this event. Registration opens Dec. 12th.



### Featured Picture:

A group of AOC'ers, led by Richard Zalik, traveled to Peru to hike the Inca Trail and visit Machu Pichu. Great job guys! You made it to the top!

### Interested in hiking the Inca Trail?

The AOC is going again in July & August of 2008!

*Check out details on the calendar of events*

### New AOC Officers

Please take a moment to welcome the new AOC officers. They have been working hard at their new roles over the past few weeks.

### New AOC Officers are as follows:

**Tom Collins**

*VP of Admin/Photo Historian*

**Katt Martin**

*VP of Operations*

**Lee Harris**

*Director of Marketing*

**Paula Schubert**

*Communications Manager*

**Steven Koonce**

*Volunteer Coordinator*

**Bruce Aldridge**

*Member-at-Large*

**Denise Millon**

*Member-at-Large*

Visit our homepage and click on "how you can help" to see what role they play in the Atlanta Outdoor Club.

Also a great big **Thank you** to our AOC President, Current Officers and Event Coordinators.

We appreciate all that you do! Keep up the good work.



REI Affiliate Program

**It's simple.** Just click on the REI.com link at the bottom of the homepage and start shopping. Once you make your purchase, the AOC receives 5% from all sales. This money will be used to help supplement expenses and events.



Amazon Affiliate Program

**It's simple.** Just click on the Amazon.com link located on the partners page and make your purchase. The AOC earns 4% of your total sale, which will be used for expenses and events.

### Coming Next Month to the Newsletter:

**Gear guide:**  
The importance of Hiking with hiking poles or a hiking stick.

### Backpacking Recipes:

Ever wonder what you can take backpacking besides Freeze Dried Meals. We've got some ideas for you.

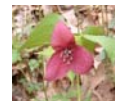
**Event Recaps:**  
Here from our Event Coordinators about their events.



**Help name our Newsletter!**

Send suggestions to [paula@atlantaoutdoorclub.com](mailto:paula@atlantaoutdoorclub.com)

**We are now on Myspace!**  
[www.myspace.com/atlantaoutdoorclub](http://www.myspace.com/atlantaoutdoorclub)



### Monthly Events:

Our monthly social is held at Five Seasons Brewing Company on the second Tuesday of every month. Come out and join us! It's a great way to meet new people and talk to the Event Coordinators about your interests. We want you to get involved, have fun and most of all get outdoors!